

Developmental Assets® Hopewell Valley Youth Report

Search Institute Attitudes & Behaviors Survey Data May 2022

External Assets

SUPPORT

Percent of HV
Youth Self-
Reporting
Assets:

1. **FAMILY SUPPORT** 74%
Parent(s) or caregiver(s) express love and provide high levels of help and support
2. **POSITIVE FAMILY COMMUNICATION** 34%
Young person is comfortable talking with parent(s) or caregiver(s) and will talk to them about concerns or serious issues
3. **OTHER ADULT RELATIONSHIPS** 51%
Young person has three or more supportive non-parent adults in his or her life
4. **CARING NEIGHBORHOOD** 38%
Young person has neighbors who care about her or him
5. **CARING SCHOOL CLIMATE** 33%
Teachers, administrators, and other students care about and encourage the young person
6. **PARENT(S) OR CAREGIVER(S) INVOLVED IN SCHOOL** 22%
Parent(s) or caregiver(s) actively help the young person succeed in school

EMPOWERMENT

7. **COMMUNITY VALUES YOUTH** 24%
Young person feels that adults listen to youth and see them as important
8. **YOUTH AS RESOURCES** 30%
Young people have useful roles at home, at school, and in the community
9. **SERVICE TO OTHERS** 45%
Young person volunteers in the community one hour or more per week
10. **FEELS SAFE IN COMMUNITY** 55%
Young person feels safe at home, school and in the neighborhood

BOUNDARIES AND EXPECTATIONS

11. **FAMILY BOUNDARIES** 42%
Parent(s) or caregiver(s) has clear rules and consequences and knows where the young person is going and with whom
12. **SCHOOL BOUNDARIES** 53%
School provides clear rules and consequences
13. **NEIGHBORHOOD BOUNDARIES** 36%
Neighbors will say something if the young person is acting inappropriately
14. **ADULT ROLE MODELS** 39%
Parent(s) and caregiver(s), and other adults model positive behavior, helping others and making healthy choices
15. **POSITIVE PEER INFLUENCE** 81%
Young person's close friends make responsible, positive choices
16. **HIGH EXPECTATIONS** 50%
Parent(s), caregiver(s), and teachers encourage the young person to do his or her best while at school and in other activities

CONSTRUCTIVE USE OF TIME

17. **CREATIVE ACTIVITIES** 21%
Young person spends three or more hours per week in lessons or practice music, art, drama, or dance
18. **YOUTH PROGRAMS** 68%
Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in his or her community
19. **RELIGIOUS COMMUNITY** 33%
Young person attends religious programs or services for one or more hours per week
20. **TIME AT HOME** 70%
Young person is at home, or engaged in structured activities, 5 or more nights per week

Internal Assets

COMMITMENT TO LEARNING

Percent of HV
Youth Self-
Reporting
Assets:

21. **ACHIEVEMENT MOTIVATION** 74%
Young person tries to do his or her best in school
22. **SCHOOL ENGAGEMENT** 82%
Young person comes to class prepared and ready to learn
23. **HOMEWORK** 53%
Young person does at least one hour of homework on school days
24. **BONDING TO SCHOOL** 59%
Young person cares about his or her school
25. **READING FOR PLEASURE** 24%
Young person reads for fun or enjoyment three or more hours per week

POSITIVE VALUES

26. **CARING** 66%
Young person feels it is important to help other people
27. **EQUALITY & SOCIAL JUSTICE** 71%
Young person feels it is important to promote equality and reduce hunger and poverty
28. **INTEGRITY** 74%
Young person stands up for her or his beliefs and does the right thing, even if friends make fun of her or him
29. **HONESTY** 68%
Young person tells the truth even when it's not easy
30. **RESPONSIBILITY** 70%
Young person takes personal responsibility for his or her actions
31. **RESTRAINT** 43%
Young person believes it is important to not be sexually active or to use alcohol or other drugs

SOCIAL COMPETENCIES

32. **PLANNING & DECISION-MAKING** 40%
Young person thinks through decisions and is able to plan ahead
33. **INTERPERSONAL COMPETENCE** 49%
Young person cares about others' feelings and is good at making and keeping friends
34. **CULTURAL COMPETENCE** 62%
Young person is comfortable with, and respects the values and beliefs of, people of different cultural, racial and ethnic backgrounds
35. **RESISTANCE SKILLS** 46%
Young person can say no and avoid things that are wrong or dangerous
36. **PEACEFUL CONFLICT RESOLUTION** 57%
Young person attempts to work out conflicts in a nonviolent manner

POSITIVE IDENTITY

37. **PERSONAL POWER** 38%
Young person feels he or she has control over "things that happen to me"
38. **SELF ESTEEM** 41%
Young person feels good about her or himself
39. **SENSE OF PURPOSE** 55%
Young person reports that "my life has a purpose"
40. **POSITIVE VIEW OF FUTURE** 62%
Young person is optimistic about his or her personal future

EXTERNAL ASSETS

-  Support
-  Empowerment
-  Boundaries & Expectations
-  Constructive Use of Time

INTERNAL ASSETS

-  Commitment to Learning
-  Positive Values
-  Social Competencies
-  Positive Identity

Assets: noun \ 'a- sets \ 1: valuable people or things 2: advantages, resources 3: **ESSENTIAL** building blocks for **HEALTHY DEVELOPMENT** of children and youth

WHAT ARE ASSETS?

- ✓ Assets are **POSITIVE!** They focus on supports vs. deficits
- ✓ The **MORE ASSETS** young people have, the more likely they are to make **HEALTHY CHOICES!**
- ✓ We build Assets through the **RELATIONSHIPS & ENVIRONMENT** we create
- ✓ Just 9% of Hopewell Valley youth report the *ideal* number of Assets (31-40)

WHAT CAN YOU DO?

- ✓ **CONNECT** with kids. **SMILE** & say hi to young people!
- ✓ **SPEND** time with them!
- ✓ **ASK** for their help and opinions
- ✓ **LISTEN** to them *without* judgement
- ✓ **INCLUDE** their **VOICE** in your family, organization and community



For more ways to build assets in your child's life and others visit: www.hvalliance.org/got-assets